

# PEEK AT THE WEEK

OCTOBER 17, 2022



**Mission:** We expect all students to strive for "B" or better. We have support available for all students to experience academic success.

## HEIGHTS PTSA NIGHT

Join the PTSA at the Cavs games on Oct. 30 or Nov. 30 to cheer on the Cleveland Cavaliers and raise money for the PTSA.

Purchase your tickets [here!](#)

## PTSA FIRST FRIDAY LUNCH

Have lunch on the PTSA!

Every first Friday of the month the PTSA will host a 'First Friday Lunch' in the mini auditorium for 20 Heights High students featuring outside speakers, board games, and more. [Sign up here!](#)

## CLASS OF 2023 REMIND

Senior parents: stay up to date on important Senior dates, events and announcements by texting code @chuh23 to 81010

## THE BLACK & GOLD NEWSPAPER

The 2nd issue of the *Black and Gold* is out! [Click here](#) to read the latest news.

## PBIS MONTHLY RAFFLE WINNERS

**HEIGHTS TIGER NATION** **AUGUST & SEPTEMBER** **HEIGHTS TIGER NATION**

**CONGRATULATIONS TO THE FOLLOWING  
PBIS RAFFLE WINNERS:**

<b>Aniyah Bell</b>	<b>Maurice Gosselin</b>
<b>Brionne Hill</b>	<b>Kaylin McGhee</b>
<b>Michia Moses</b>	<b>Caleb Moses</b>
<b>Xy'lia Owens</b>	<b>Lorenzo Wallace</b>
<b>Quentin Van Benthuisen</b>	

**BE RESPECTFUL      BE RESPONSIBLE  
BE SAFE**

Please see Mr. Dubsky in office 326 to receive your prize from the PBIS swag shop or keep your eyes open for the PBIS "Swaggin Wagon" to make a prize delivery directly to you in class.

# Heights High School



## ATHLETIC EVENTS

### Heights Athletics Ticket Policy

- 1) Tickets are required for ALL students who wish to attend athletic events.
- 2) Students MUST present their CHUH Student ID to enter. If you do not show your student ID you will not be permitted entry to the games. No refund will be issued.
- 3) Bookbags are NOT permitted inside CHUH athletic events.
- 4) NO outside food or drinks are permitted at CHUH athletic events.

## BECOME A MEMBER OF SADD

We are looking for students to join SADD (Students Against Destructive Decisions). The mission of SADD is to empower and mobilize students and adult allies to engage in positive change through leadership and smart decision making. All are welcome!

Please contact [Mrs. Craig](#) or [Ms. Kirkpatrick](#) for more information.

## BLACK MEN IN WHITE COATS YOUTH SUMMIT

University Hospitals of Cleveland and Case Western Reserve University (CWRU) School of Medicine are proud to partner and host the first ever Black Men in White Coats (BMWCx) Youth Summit in Cleveland on **Friday, October 21** and **Saturday, October 22**.

The goal of this inaugural event is to engage Black youth (boys/girls/non-binary) in grades 3-12 to consider careers in medicine through mentorship, networking, and exposure. They welcome students, caregivers, educators, and guidance counselors to join UH and CWRU for this informative, interactive, fun-filled weekend.

Check out the [event flyer](#) for additional information.

[Register here.](#)

## EDUCATIONAL TALENT SEARCH RECRUITMENT

Educational Talent Search is looking for you! We are looking to recruit first generational students (all students) to be in our program. We prepare students for the postsecondary life. Students will have opportunities for tutoring, eligible for scholarships and college and career exposure trips; plus so much more.

For more information, please reach out to Ms. Esyla in room 219 or Mrs. Bing in room 220! Parents and students can [click here](#) to fill out the application.

# PARENT HELP NEEDED FOR THE VMD

Greetings Parents! VAPO is requesting all parents/guardians of our amazing students in the Vocal Music Department to please send your contact information.

They want to be able to contact you with important updates, and are in desperate need of help with fundraisers.

If interested, please contact VAPO at [VAPOchuh@gmail.com](mailto:VAPOchuh@gmail.com).

## THE TIGER SHOP IS OPEN

The Tiger Shop supplies Tiger Nation gear while providing students with the opportunity to gain manufacturing and retail experience. All proceeds go back to the students for activities and senior scholarships.

Check out our merchandise in the [Tiger Shop](#)!

Open after school Wednesday - Friday and by appointment.

## RED CROSS BLOOD DRIVE

The Class of 2024 and DECA will host a community blood drive with the American Red Cross on **Monday, October 24** from 9:00 a.m. to 3:00 p.m. in the Heights High competition gym.

**Incentives are:** a \$20 Amazon electronic gift card, a scoop of Mitchell's ice cream, and a choice of Red Cross t-shirts, water bottles, socks, etc. **PLUS** you are helping someone in need of blood!

Students ages 16 and up can donate with a permission slip - see Mrs. Parker or the Nurse!

For more information or to make an appointment to donate, contact Mrs. Parker at 216-346-0797 or sign up online [here](#).

## VMD FALL MUSICAL

The Heights High VMD is performing **Sister Act - The Musical** for this year's fall musical!

Performances will be Nov. 3, 4, and 5 at 7 p.m. and Nov. 6 at 4 p.m.

Visit [www.clevelandheightschoirs.com](http://www.clevelandheightschoirs.com) to purchase your tickets or call 216-320-3105 for more ticketing information. Tickets will go quickly so buy yours early!





# SOCIAL WORKER'S CORNER

October is a month of several important awareness observations. Just to name a few: October is Breast Cancer Awareness Month; Domestic Violence Awareness Month; and Emotional Wellness Month.

In addition, October 2 - 8 was **Mental Illness Awareness Week**. Mental health affects how we feel, think and act. Including some physical activity and exercise into your daily routine helps to improve mental health. Remember the national mental health crisis number is **988**.



**ALLISON**  
**CRAIG**

C/O 2023 & C/O 2026  
(I-Q LAST NAMES)



**KRISTIN**  
**DADAS**

C/O 2024 & C/O 2026  
(A-H LAST NAMES)



**LATIESA**  
**KIRKPATRICK**

C/O 2025 & C/O 2026  
(R-Z LAST NAMES)



## Nurse's Notes

**It's already October and our nursing team is committed to helping keep your child healthy and ready to learn!**

**Guidelines for school attendance after illness:** It is often a puzzle trying to determine if your child is sick and should remain at home. Here are a few guidelines for keeping children home:

- Temperature over 100 degrees
- Vomiting within 24 hours
- Diarrhea within the last 24 hours
- Skin rash of unknown origin or lesions of draining areas on skin
- Pus and/or excessive drainage from the eyes
- Acute asthmatic problems
- Untreated head lice
- Persistent coughing, sore throat, excessive fatigue
- **ASK YOURSELF: WILL MY CHILD BE ABLE TO LEARN TODAY?**



### **MEDICATION POLICY:**

NO medications can be carried in school or administered in school without the proper paperwork on file in the nurse's office. Forms are available in the nurse's office and on the district website for both prescription and non-prescription medications.

All medication brought to school must be in the original pharmacy/store container.

**If your student has health concerns, has medication that must be administered during school hours, or if you have any questions, please call the school nurse.**

# SENIOR INFORMATION PAGE

Patrick Fisher, Senior Advisor  
p\_fisher@chuh.org

Karen Kastor, Senior Advisor  
k\_kastor@chuh.org

## ORDER Get ready for Graduation!

It's time to prepare for graduation! You must place the order for your cap and gown. Order today at [www.jostens.com](http://www.jostens.com) or call 880-567-8367 to order only the cap and gown for \$43.52. Information for additional graduation packages, class rings, and letter jackets can be found here.

## ORGANIZE Senior HS2Future Checklist

To help you prepare to go from high school to the future, we have created a senior checklist for your convenience. This will assist you with college and career planning as well as keep you on track to graduate.

## UPDATE Senior Class Page & Remind

Make sure to check the Class of 2023 page on the district website throughout the year for regular updates and important information!

Parents, stay up to date on important Senior dates, events and announcements by texting code **@chuh23** to **81010**

## PREPARE College Career Readiness

Look below for more information on the colleges that are visiting Heights High this week and opportunities for seniors to get help with navigating the financial aid and application process.

### College Visits for the Week in the Mini Auditorium:

#### Monday, Oct. 17

- 1st Period - College of Wooster
- 2nd Period - Bates College
- 3rd Period - Heidelberg College
- 4th Period - Tufts University **Virtual**
- 5th Period - Kentucky State University **Virtual**
- 6th Period - Smith College

#### Tuesday, Oct. 18

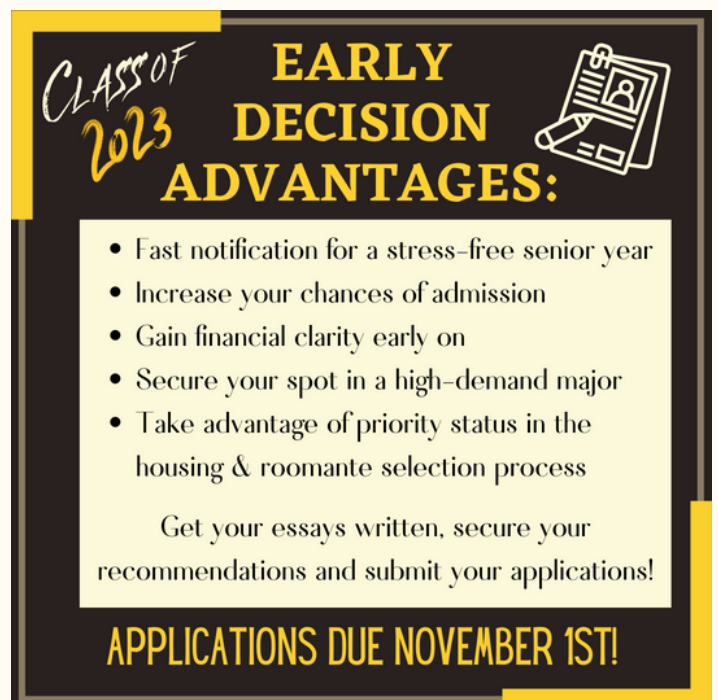
- 1st Period - Bucknell University
- 2nd Period - Kent State University
- 5th Period - Drexel University
- 6th Period - Baldwin Wallace College

#### Wednesday, Oct. 19

- 2nd Period - Walsh University
- 5th Period - Occidental College

#### Friday, Oct. 21

- 6th Period - D'Yamille University



**CLASS OF 2023**

### EARLY DECISION ADVANTAGES:

- Fast notification for a stress-free senior year
- Increase your chances of admission
- Gain financial clarity early on
- Secure your spot in a high-demand major
- Take advantage of priority status in the housing & roommate selection process

Get your essays written, secure your recommendations and submit your applications!

**APPLICATIONS DUE NOVEMBER 1ST!**

For parents and Seniors who have missed the Financial Aid Night, the FAFSA and Scholarship Awareness presentations are on the Senior Page.

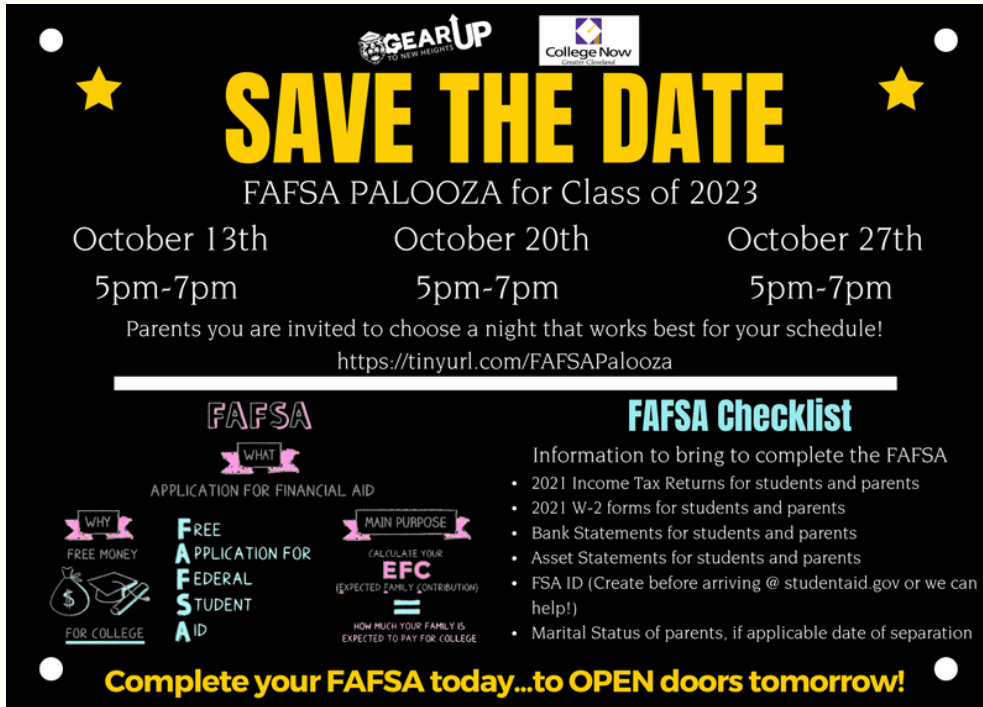
# UTILIZE

# College Readiness Counselor & GEAR UP

GEAR UP and Mrs. McEwen are here to help Seniors and their parents with navigating the application process. Check below for the opportunities to get the assistance that you need!

Starting **October 19th** and **every Wednesday**, Mrs. McEwen and Dr. Daniels will assist seniors with college applications, scholarship searches, career inquiries during all lunch periods in the **library classroom**.

*It is on a first come basis.*



The poster features the GEAR UP and College Now logos at the top. The main title 'SAVE THE DATE' is in large yellow letters, flanked by two yellow stars. Below it, the event is identified as 'FAFSA PALOOZA for Class of 2023'. Three dates and times are listed: October 13th (5pm-7pm), October 20th (5pm-7pm), and October 27th (5pm-7pm). A URL is provided: <https://tinyurl.com/FAFSAPalooza>. The poster is divided into two sections: 'FAFSA' and 'FAFSA Checklist'. The FAFSA section includes icons for 'WHY' (Free Money for College), 'WHAT' (Application for Financial Aid), and 'MAIN PURPOSE' (Calculate Your EFC - Expected Family Contribution). The FAFSA Checklist lists items to bring: 2021 Income Tax Returns, 2021 W-2 forms, Bank Statements, Asset Statements, FSA ID, and Marital Status of parents.

## FAFSA:

The Free Application for Federal Student Aid (FAFSA) officially opened on October 1 and efforts are underway to help students and families **complete their FAFSA by November 1st** in order to be considered for the greatest amount of available financial aid possible. The general rule of thumb with FAFSA is that students and families should **complete their application ASAP** in order to access grants, scholarships, and work-study programs that are part of a limited pool of money that is awarded on a first-come-first-served basis. The FAFSA Palooza events are taking place on **October 20th** and **October 27th** from **5-7 pm**.

[Sign up now](#) to secure your appointment slot.

*High School 2 the Future!*

**Freshman  
Checklist**

**Sophomore  
Checklist**

**Junior  
Checklist**



# STAY INFORMED!

LOOKING  
AHEAD:

Red Cross  
Blood Drive  
10/24

Records Day  
*No School for  
Students*  
10/28

Sister Act -  
The Musical  
11/3 - 11/6

Professional  
Development  
*No School for  
Students*  
11/8

Senior  
Picture Day  
11/9

Parent-  
Teacher  
Conferences  
11/9



[CHUH.ORG](http://CHUH.ORG) - VIEW UPCOMING EVENTS, GRADE INFORMATION, AND THE LATEST DISTRICT HEADLINES.

## DATA DIVE

Attendance Data - 86.25%  
Goal -> 90%

## Referral Data - Month of September

17 staff members wrote  
53 positive referrals for  
65 students, resulting in  
14% of all referrals that  
were positive

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54 staff members wrote  
468 discipline referrals  
for  
431 students

**COUNSELOR  
INFORMATION**

## PBIS FOCUS: GENEROSITY

When each one of us shares with one another, we collectively make our world a better place.

Let's really strive to contribute to causes larger than ourselves. For example, make a donation to the Puerto Rican Hurricane Fiona Relief Drive, tutor a friend, help an elder in the community or volunteer at a foodbank.

You'll be surprised at how full your heart feels when you give of yourself!

Check out this [video](#)!

## SECURITY SCOOP

FROM MR. WATTERS, COORDINATOR FOR SAFETY AND SECURITY

Full facial masks are **no longer** permitted at Heights High School. A full facial mask is one where we can see only your eyes. If you need a mask to cover your nose and mouth, please seek one in your cohort office.

